

2023 Mercer County K of C Track and Field Invitational - High School Portion

DATE: Thursday, May 4, 2023

Coldwater Ft. Recovery Marion Local Parkway St. Henry Celina

- 1.) **Place** – Cavalier Stadium, Coldwater
- 2.) **Date** – Tuesday, May 4th 2023
- 3.) **Starting Times:**
 - The Following Field Events:**
 - 4:00 PM – Varsity Boys Pole Vault**
 - 4:30 PM – Field Events According to the Session Report**
 - 5:15 PM - All running finals - there will be NO prelims. All events will be seeded accordingly and will be scored as a final.**

PLEASE REFER TO THE SESSION REPORT

- 4.) If any coach has any changes from the original entries, you must let me know by 10am on Thursday. I will be having the new heat sheets available to you by early evening tonight.
- 5.) Awards –

Winning Team Trophy	-Girls & Boys (Varsity and Junior High)
Medals	-First Place Each Event (Varsity Only)
Ribbons	-2 nd – 6 th Places (Varsity)
Ribbons	-1 st – 6 th Places (Junior High)
- 6.) Scoring – Since there are only six teams participating in the county meet...the scoring will be the same as it would for a six team meet. **The scoring will be as follows: 10 - 8 - 6 - 4 - 2 - 1 for individual events, and 10 - 8 - 6 - 4 - 2 for relays.**
- 7.) Admission Charge: **\$6.00 FOR EVERYONE**
- 8.) Donation – Given by the Coldwater, St. Henry and Ft. Recovery Councils of the Knights of Columbus.
- 9.) There will be concessions for food and drink. K-Burgers will also be available.
- 10.) All results will be posted on baumspage shortly after the meet. We also use Meet Mobile during the meet
- 11.) SPIKES - competitors use up to ¼ inch spikes.
- 12.) All throwing events and long jump are 4 throws/jumps - FINALS ONLY.
- 13.) No spikes are allowed in the bleachers. If detected, the competitor will be disqualified.
- 14.) No tape on the track. We will **not** provide tennis balls or flat washers – you must provide your own. No spike scratching...this is an immediate disqualification.
- 15.) **BRING YOUR OWN IMPLEMENTS** - Be sure to get your implements weighed in at the CAV building (white building northwest corner of the stadium.)

****Any changes for events must be e-mailed to me by 10AM on Thursday, May 4. may.connie@coldwatercavs.org**
Please make sure your athletes do not exceed their entry limit!

Mercer County K. of C. Session Report - High School Session

THURSDAY, MAY 4, 2023

FIELD EVENTS:

4:00 –	VB	Pole Vault	Finals
4:30 –	VB	Shot Put	Finals
4:30 –	VG/VB	Long Jump	Finals (1 hour Open Pit) – East Pit
4:30 –	VB	High Jump	Finals
4:30 –	VG	High Jump	Finals
	VG	Discus	Finals (Follows VB)
	VB	Shot Put	Finals (Follows VG)
	VG	Pole Vault	Finals (Follows (VB))

RUNNING EVENTS:

5:15 –	VG	4 x 800 Meter Relay	Finals
	VB	4 x 800 Meter Relay	Finals
	VG	100 Meter Hurdle	Finals
	VB	110 Meter Hurdle	Finals
	VG	100 Meter Dash	Finals
	VB	100 Meter Dash	Finals
	VG	4 x 200 Meter Relay	Finals
	VB	4 x 200 Meter Relay	Finals
	VG	1600 Meter Run	Finals
	VB	1600 Meter Run	Finals
	VG	4 x 100 Meter Relay	Finals
	VB	4 x 100 Meter Relay	Finals
	VG	400 Meter Dash	Finals
	VB	400 Meter Dash	Finals
	VG	300 Meter Hurdles	Finals
	VB	300 Meter Hurdles	Finals
	VG	800 Meter Run	Finals
	VB	800 Meter Run	Finals
	VG	200 Meter Dash	Finals
	VB	200 Meter Dash	Finals
	VG	3200 Meter Run	Finals
	VB	3200 Meter Run	Finals
	VG	4 x 400 Meter Relay	Finals
	VB	4 x 400 Meter Relay	Finals

Mercer County K. of C. Session Report - JH Session

Friday, May 5, 2023

4:00 –	JHB	Pole Vault	Finals
4:30 -	JHG/ JHB	High Jump	Finals
4:30 -	JHB /JHG	Long Jump	Finals (1 hour Open Pit – East Pit)
4:30 -	JHB	Shot Put	Finals
4:30 -	JHG	Discus	Finals
	JHG	Pole Vault	Finals (to follow the completion of the boys)
	JHG	Shot Put	Finals (To follow the completion of the boys)
	JHB	Discus	Finals (to follow the completion of the girls)
5:15 –	JHG	4 x 800 Meter Relay	Finals
	JHB	4 x 800 Meter Relay	Finals
	JHG	100 Meter Hurdle	Finals
	JHB	110 Meter Hurdle	Finals
	JHG	100 Meter Dash	Finals
	JHB	100 Meter Dash	Finals
	JHG	4 x 200 Meter Relay	Finals
	JHB	4 x 200 Meter Relay	Finals
	JHG	1600 Meter Run	Finals
	JHB	1600 Meter Run	Finals
	JHG	4 x 100 Meter Relay	Finals
	JHB	4 x 100 Meter Relay	Finals
	JHG	400 Meter Dash	Finals
	JHB	400 Meter Dash	Finals
	JHG	200 Meter Hurdles	Finals
	JHB	200 Meter Hurdles	Finals
	JHG	800 Meter Run	Finals
	JHB	800 Meter Run	Finals
	JHG	200 Meter Dash	Finals
	JHB	200 Meter Dash	Finals
	JHG	4 x 400 Meter Relay	Finals
	JHB	4 x 400 Meter Relay	Finals